

Σύνδεσμοι διαδικτυακών μαθημάτων – Online classes' links

[Δευτέρα \(Monday\), 11:30-13:00, Vinyasa all levels, Nadia](#)

[Δευτέρα \(Monday\), 17:00-18:15, Vinyasa all levels, Kalliopi](#)

[Δευτέρα \(Monday\), 18:30-20:00, Vinyasa level 1-2, Nadia](#)

[Δευτέρα \(Monday\), 20:30-22:00, Vinyasa level 1, Kalliopi](#)

[Τρίτη \(Tuesday\), 08:30-09:45, Vinyasa all levels, Nadia](#)

[Τρίτη \(Tuesday\), 14:30-15:45, Vinyasa all levels, Nadia](#)

[Τρίτη \(Tuesday\), 17:00-18:15, Vinyasa all levels, Nadia](#)

[Τρίτη \(Tuesday\), 18:30-19:45, Vinyasa level 1, Nadia](#)

[Τρίτη \(Tuesday\), 20:00-21:30, Vinyasa level 1-2, Nadia](#)

[Τετάρτη \(Wednesday\), 11:30-13:00, Vinyasa all levels, Nadia](#)

[Τετάρτη \(Wednesday\), 17:00-18:15, Vinyasa all levels, Kalliopi](#)

[Τετάρτη \(Wednesday\), 18:30-20:00, Vinyasa level 1-2, Nadia](#)

[Τετάρτη \(Wednesday\), 20:30-22:00, Vinyasa level 1, Kalliopi](#)

[Πέμπτη \(Thursday\), 08:30-09:45, Vinyasa all levels, Nadia](#)

[Πέμπτη \(Thursday\), 14:30-15:45, Vinyasa all levels, Nadia](#)

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[Πέμπτη \(Thursday\), 18:30-19:45, Vinyasa level 1, Nadia](#)

[Πέμπτη \(Thursday\), 20:00-21:30, Vinyasa level 1-2, Nadia](#)

[Παρασκευή \(Friday\), 18:00-19:15, Vinyasa all levels, Nadia](#)

[Παρασκευή \(Friday\), 19:30-20:45, Genlte to Yin, Kalliopi](#)

[Σάββατο \(Saturday\), 12:00-13:30, Vinyasa all levels, Kalliopi](#)

