

Σύνδεσμοι διαδικτυακών μαθημάτων— Online classes' links

[Monday, 19:00-20:30-Vinyasa, level 1-2, Kalliopi](#)

[Tuesday, 8:30-9:45-Vinyasa,all levels, Georgia](#)

[Tuesday, 17:00-18:15 - Vinyasa, all levels, Nadia](#)

[Wednesday, 10:00-11:15 - Gentle yoga, Irini](#)

[Wednesday, 19:00-20:30-Vinyasa, level 1-2, Nadia](#)

[Thursday, 8:30-9:45-Vinyasa, all levels, Georgia](#)

[Thursday, 17:00-18:15 - Vinyasa, all levels, Nadia](#)

[Friday, 10:00-11:15 - Gentle yoga, Irini](#)

[Friday, 19:00-20:45-Gentle to Yin, all levels, Gerogia](#)

[Saturday, 12:00-13:30–Vinyasa, all levels, Kalliopi](#)